

KS3 Food Technology Curriculum Overview

Assessment is embedded across all units through evaluation against success criteria and the use of evidence from practical outcomes.

	Autumn Term 1 & 2	Spring Term 3 & 4	Summer Term 5 & 6
Year 7	How can we become safe and confident cooks?	How does cooking change food?	Where does our food come from and why does it matter?
Year 8	How does cooking change food?	How can nutrition help us make healthier food choices?	How do food choices affect people and the planet?
Year 9	How does food science help us become better cooks?	How can nutritional knowledge help us make healthier food choices?	How do food systems affect people and the planet?