Monday 28th September 2026

Rye College Student Bulletin

Your weekly information summary

- What's on
- Important Information
- Good news and celebrations
- Expectation reminders

The Week Ahead



Week B

Monday 28th September
- Mentor Challenge 1 (PHa)
- Year 10 and 11 Elevate Study Skills Workshops P2-5

Tuesday 29th September
- Mentor Challenge 1 (PHa)
- Year 11 Careers Guidance Interviews (4a) (DSt)

Wednesday 30th September
- Mentor Challenge 1 (PHa)
- Art Twilight Intervention, 3:30-5:30pm, Art and Photography Rooms

Thursday 1st October
- Mentor Challenge 1 (PHa)
- Berlin Trip Departs
- GCSE Drama Theatre Trip (Curious Incident of the Dog in the Night-Time) (LGr)

Friday 2nd October
- Mentor Challenge 1 (PHa)
- Berlin Trip

Assemblies: None

Monday – Year 7 Mentor Challenge
Tuesday – Year 8 Mentor Challenge
Wednesday – Year 9 Mentor Challenge
Thursday – Year 9 Mentor Challenge
Friday – Year 11 Mentor Challenge

Open Evening – Thank you!

🌟 **A Huge Thank You to Our Open Evening Volunteers!** 👏

An incredible **160 students** generously volunteered their time to support our Open Evening this week, helping us showcase Rye College at its very best. Whether you welcomed families, led tours, supported subject areas, delivered speeches or helped behind the scenes, you played avital role in the success of the evening.

The feedback we received about our students was overwhelmingly positive, with many visitors commenting on your confidence, maturity, enthusiasm, kindness and professionalism.

You were fantastic ambassadors for our school, and you should all be exceptionally proud of yourselves.

Thank you for representing Rye College so brilliantly!

News

Arbor & Sparx Support

As fewer students now require assistance with Arbor and Sparx, from Monday 28 September the support sessions we are running in Room 11 will be available during **second break only**.

Year 11 Careers Guidance Meetings

- Following the Thrive Careers Post-16 Launch, the guidance meetings will begin on Tuesday
- The meetings schedule will be on Arbor, emailed to all staff and a hard copy given to Mentors
- It will also be displayed on the door of the Directors of Learning Office
- Make sure you are prepared for your meeting and have thought about what you'd like to discuss
- Be on time to maximise the time spent in your meeting
- All meetings will be in 4a unless specified on the sheet
- If you know you have an appointment and cannot attend, please swap with someone and inform Mrs Starkey
- Ryan Matthews will email you your action plan after the meeting

DND Club

Come and join DND club- every Tuesday, starting from 18/9/26- All welcome! Come to Rm 106 every Tuesday after school for 1 hour.

Never played DND before? No problem!
We will help you learn to play.

Berlin Trip

⏰ **MEET AT THE LEISURE CENTRE CARPARK**
Coach arrives **2:15am – Get here before that!**
We leave at 2:30am SHARP

🧳 **REMEMBER**
Passport • Medical card need to handed in.
SENSIBLE CLOTHING - Recommended spending money: **maximum €20 per day**

🥪 **FOOD FOR THE JOURNEY**
Bring breakfast/snacks. Our first meal there is in the evening! There will be opportunity to buy stuff.

🚫 **DO NOT BRING MEAT OR DAIRY INTO GERMANY**
This includes ham, chicken or other meat sandwiches, cheese sandwiches, yoghurt and milk. These cannot be taken from Great Britain into the EU.

✅ **Keep it simple:** bring **vegan/plant based food and snacks** for the journey.
💧 **Drinks:** remember airport security rules for liquids.
We are really looking forward to Berlin!

English Notices



Well done to Alec, Poppi, Ivy, Rin and Paige for being recognised for your success in English last week.

Student Support – Online Request

- The Student Hub Team are here to help
- If there's something on your mind, you don't have to ask for help in person
- You can complete this form at any time, and a member of the Student Hub will contact you
- A member of the Student hub will read your responses and contact you as soon as possible.
- Student Support Request Form – Fill out form

Wellbeing – Student Leadership

This weeks charity is Young Minds

Young Minds is a charity dedicated to children and teenagers mental health. It was established in 1993 and their mission is to make sure no young person feels alone.

YOUNGMiNDS
fighting for young people's mental health

Our advice of the week:
If you feel anxious at school, try to drop your shoulders, unclench your jaw and take deep breaths.

Young Minds offers a step by step guide on mental health support and a 24/7 text support service to reach out if you don't want to talk to anyone you know.
They have digital resources covering topics like anxiety, exam stress and racism.

For urgent mental health support for yourself or a friend Call Childline on 0800 1111 for free or chat online with a 1-2-1 chat.

If you or someone you know is in immediate danger call 999/112 for urgent medical help.

MUGA Timetable

	Break 1	Break 2
Monday	Year 8	Year 9
Tuesday	Year 10	Year 7
Wednesday	Year 11	Year 8
Thursday	Year 9	Year 10
Friday	Year 7	Year 11

MUGA Rules

- Only the year group allocated on the day are allowed on the MUGA – NO EXCEPTIONS
- No swearing
- No eating/drinking
- No slide tackles
- Brig your own ball
- If rules are broken, the whole year group will lose their next MUGA slot

Term One Clubs

- All clubs are free to attend and families are not required to book a place - students may turn up at the designated time and location to participate.
- The exception is Table Tennis which costs £2.50 per session.

- Geography club has changed to Friday 2nd break in Room 4

Extra-Curricular Clubs Term 1 2026-27

Day	Activity	Time	Location
Monday	Rock Choir 'Mic Drop' All Years Gym/fitness All Years Netball Club All Years Football Club All Years Homework Club All Years	1st break 15.30 15.30 15.30 15.30	Music Room Fitness Suite Netball Courts MUGA Room 30
Tuesday	Maths Sparx Support Club All Years Table Tennis Years 7 - 9 Homework Club All Years	2nd break 15.30 15.30	Room 30 Gym Room 30
Wednesday	Chess Club All Years Pride Club All Years Jazz Ensemble Homework Club All Years	1st break 1st break 2nd break 15.30	Room 107 Room 23 Music Room Room 30
Thursday	Geography Club Year 7 - 9 Science Club All Years Homework Club Invited Students	2nd break 15.30 15.30	Room 4 Room 27 Room 30
Friday	Ukulele Orchestra	1st break	Music Room

Exiting Lessons

Please remember the following rules when leaving lessons:

Periods 2 and 4

- Stand behind your chair with your blazer on
- Leave the classroom and exit the building
- Do not enter or use the Science, Technology, Art or Main Corridors
- The main building is out of bounds during break and lunch – please exit via the following for different subject areas:
- Science: external door
- Art: bridge/end staircase, lower corridor, then door opposite C33 or the end door past C31
- Maths: central staircase and exit to the quad

- **Period 5 (end of day)**
- Put your blazers on and ensure your phones remain out of sight until you have exited through the back gate

Digital Safety - Do you know how to look after yourself online?

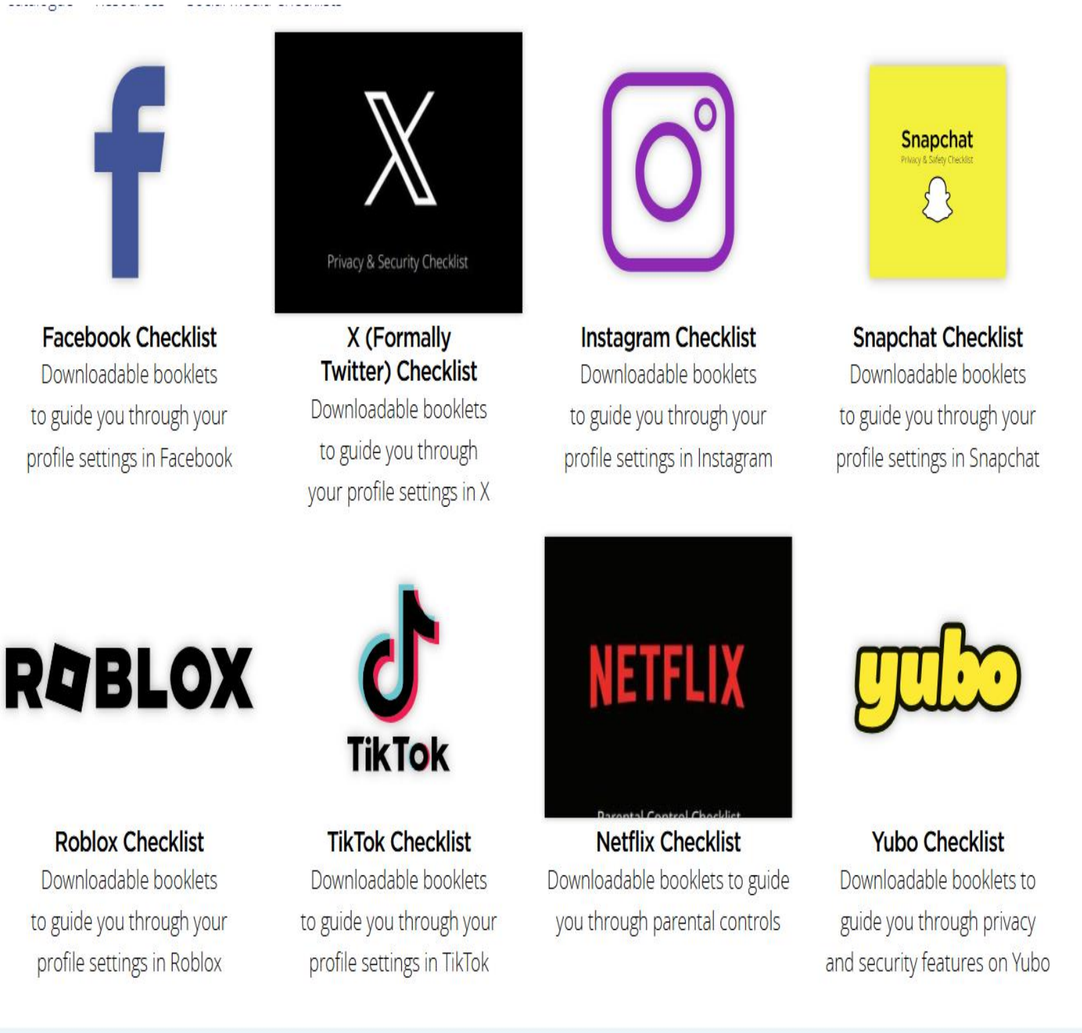
Make sure you understand how to protect your personal information and stay in control of what you share.

Do you know what to do if someone shares something inappropriate? You should report it, block the person, and talk to a trusted adult such as a parent, teacher, mentor, or a member of the Student Hub.

Do you know who to contact if you don't feel safe? If something online makes you uncomfortable or worried, speak to your parent, mentor, or the Student Hub team.

The website below contains lots of helpful information, including social media checklists that show you how to use social media safely and how to use reporting tools if needed.

[Rye College - Digital Safety]



Facebook Checklist
Downloadable booklets to guide you through your profile settings in Facebook

X (Formally Twitter) Checklist
Downloadable booklets to guide you through your profile settings in X

Instagram Checklist
Downloadable booklets to guide you through your profile settings in Instagram

Snapchat Checklist
Downloadable booklets to guide you through your profile settings in Snapchat

Roblox Checklist
Downloadable booklets to guide you through your profile settings in Roblox

TikTok Checklist
Downloadable booklets to guide you through your profile settings in TikTok

Netflix Checklist
Downloadable booklets to guide you through parental controls

Yubo Checklist
Downloadable booklets to guide you through privacy and security features on Yubo

Student Leadership Email



This email allows students, as well as staff to communicate with the team.

The email is monitored by the two Head Students, Molly and Isla, as well as Miss Mitchell.

Feel free to email us about anything e.g. if you have ideas or need support, especially if it might be difficult for you to talk to us face to face.

Remember we are seeking your feedback around clubs and the canteen.

If you want to email the student leaders, then you can use this email:

Student_leadershipteam@ryecollege.co.uk



Safeguarding Team

Our Safeguarding Team



Miss Carpenter
Designated Safeguarding Lead (DSL)
Prevent Lead
jcarpenter@ryecollege.co.uk
Location: Rye College



Mrs. Gall
Assistant DSL
vgall@ryecollege.co.uk
Location: Student Hub



Mr. Downes
Assistant DSL
ddownes@ryecollege.co.uk
Location: Rye College



Mr. Franks
Assistant DSL
pfranks@ryecollege.co.uk
Location: Rye College



Miss Powell
Assistant DSL
apowell@ryecollege.co.uk
Location: Student Hub



Mrs. Breeds
Assistant DSL
zbreeds@ryecollege.co.uk
Location: Student Hub

Report any concerns to the Student Hub or via email:
YOURCONCERN@RYECOLLEGE.CO.UK

Why it Matters:
Helps create a safe, inclusive environment for all.