Monday 2nd November 2026

Rye College Student Bulletin

Your weekly information summary

- What's on
- Important Information
- Good news and celebrations
- Expectation reminders

The Week Ahead



<u>Week B</u>

Monday 2nd November

Tuesday 3rd November
- Bayeux Tapestry/British Museum Visit (History) (JWy)
- Year 11 Careers Guidance Interviews (4a) (DSt)

Wednesday 4th November

Thursday 5th November
- Flu Vaccinations All Year Groups

Friday 6th November

Assemblies:
Monday – Year 7 – FWi Tomorrow's Engineers
Tuesday – Year 8 - FWi Tomorrow's Engineers
Wednesday – Year 9 - FWi Tomorrow's Engineers
Thursday – No assembly
Friday – Year 11 Bexhill College

Wellbeing – Student Leadership

Challenging attitudes, changing lives.

This weeks charity is the Rethink Mental Illness

Rethink mental illness is a leading national charity in England that supports people severely affected by mental illness and their families.

Rethink mental illness offers free, confidential, and practical guidance on diagnoses , treatments, mental health laws, benefits, debt, and career rights.

Rethink mental illness's mission is to help people live longer, safer and better lives.

Advice of the week

Try brain dumping: Write everything you are anxious about in a messy unstructured list, once it's on paper your brain will stop working hard to 'remember' the stress.

For urgent mental health support for yourself or a friend Call Childline on 0800 1111 for free or chat online with a 1-2-1 chat.

If you or someone you know is in immediate danger call 999/112 for urgent medical help.

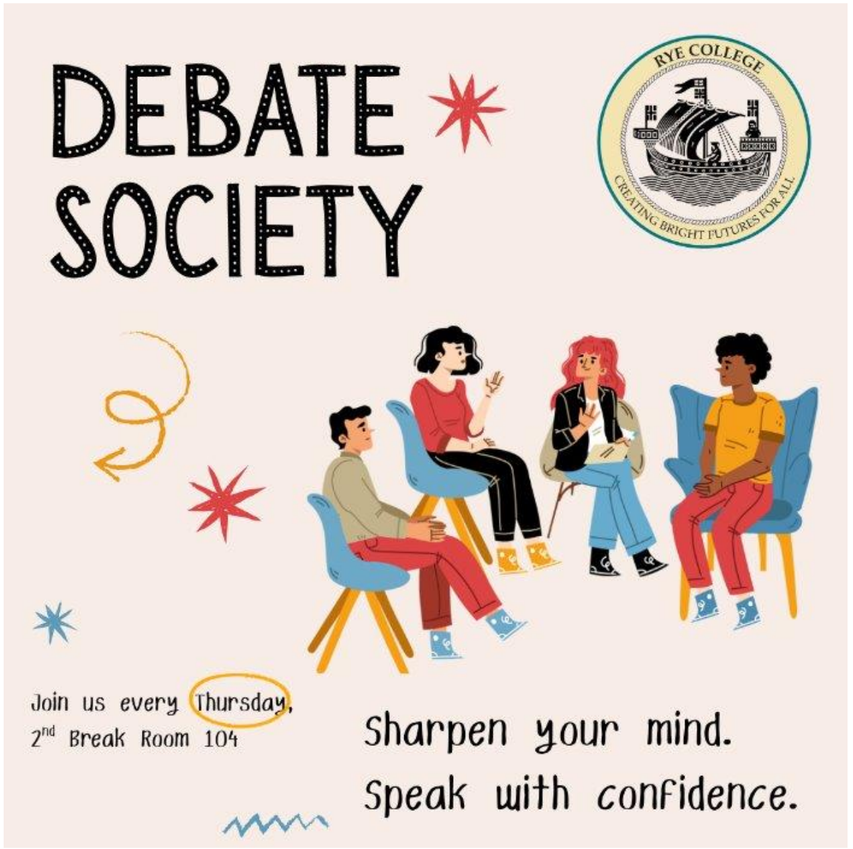
Student Support – Online Request

- The Student Hub Team are here to help
- If there's something on your mind, you don't have to ask for help in person
- You can complete this form at any time, and a member of the Student Hub will contact you
- A member of the Student hub will read your responses and contact you as soon as possible.
- Student Support Request Form – Fill out form

Term Two Clubs

Day	Activity	Time	Location
Monday	Rock Choir 'Mic Drop' All Years Gym/fitness All Years Netball Club All Years Football Club All Years Homework Club All Years	1st break 15.30 15.30 15.30 15.30	Music Room Fitness Suite Netball Courts MUGA Room 30
Tuesday	Design & Technology Club Maths Sparx Support Club All Years Table Tennis Years 7 - 9 Homework Club All Years Dungeons & Dragons Club All Years	Ist break 2nd break 15.30 15.30 15.30	Room 32 Room 30 Gym Room 30 Room 106
Wednesday	Chess Club All Years Pride Club All Years Jazz Ensemble Homework Club All Years	1st break 1st break 2nd break 15.30	Room 107 Room 23 Music Room Room 30
Thursday	Debate Society All Years Science Club All Years Homework Club Invited Students	2nd break 15.30 15.30	Room 104 Room 27 Room 30
Friday	Year 7 Junior Vocal Group Geography Club Year 7 - 9	1st break 2nd break	Music Room Room 4

Term Two Clubs





MUGA Timetable

	Break 1	Break 2
Monday	Year 8	Year 9
Tuesday	Year 10	Year 7
Wednesday	Year 11	Year 8
Thursday	Year 9	Year 10
Friday	Year 7	Year 11

MUGA Rules

- Only the year group allocated on the day are allowed on the MUGA – NO EXCEPTIONS
- No swearing
- No eating/drinking
- No slide tackles
- Brig your own ball
- If rules are broken, the whole year group will lose their next MUGA slot

Reminders

All mobile phones are to be switched off and in your bag NOT YOUR POCKET

If your phone is seen it will be confiscated and a detention issued.

2 confiscations in a term and you will have to hand your phone in at the start of the day for the rest of the term.

Phones can be collected at the end of the day from the student hub.

Skirts/trousers/shorts must be worn correctly. No leggings, jeggings, cargo trousers, jeans or jogging / tracksuit bottoms/ sports shorts.
If **leggings are worn** as tights, **a skirt MUST be worn** over the top.

Blazers are to be worn at all times around the school

Exiting Lessons

Please remember the following rules when leaving lessons:

Periods 2 and 4

- Stand behind your chair with your blazer on
- Leave the classroom and exit the building
- Do not enter or use the Science, Technology, Art or Main Corridors
- The main building is out of bounds during break and lunch – please exit via the following for different subject areas:
- Science: external door
- Art: bridge/end staircase, lower corridor, then door opposite C33 or the end door past C31
- Maths: central staircase and exit to the quad

- **Period 5 (end of day)**
- Put your blazers on and ensure your phones remain out of sight until you have exited through the back gate

Digital Safety - Do you know how to look after yourself online?

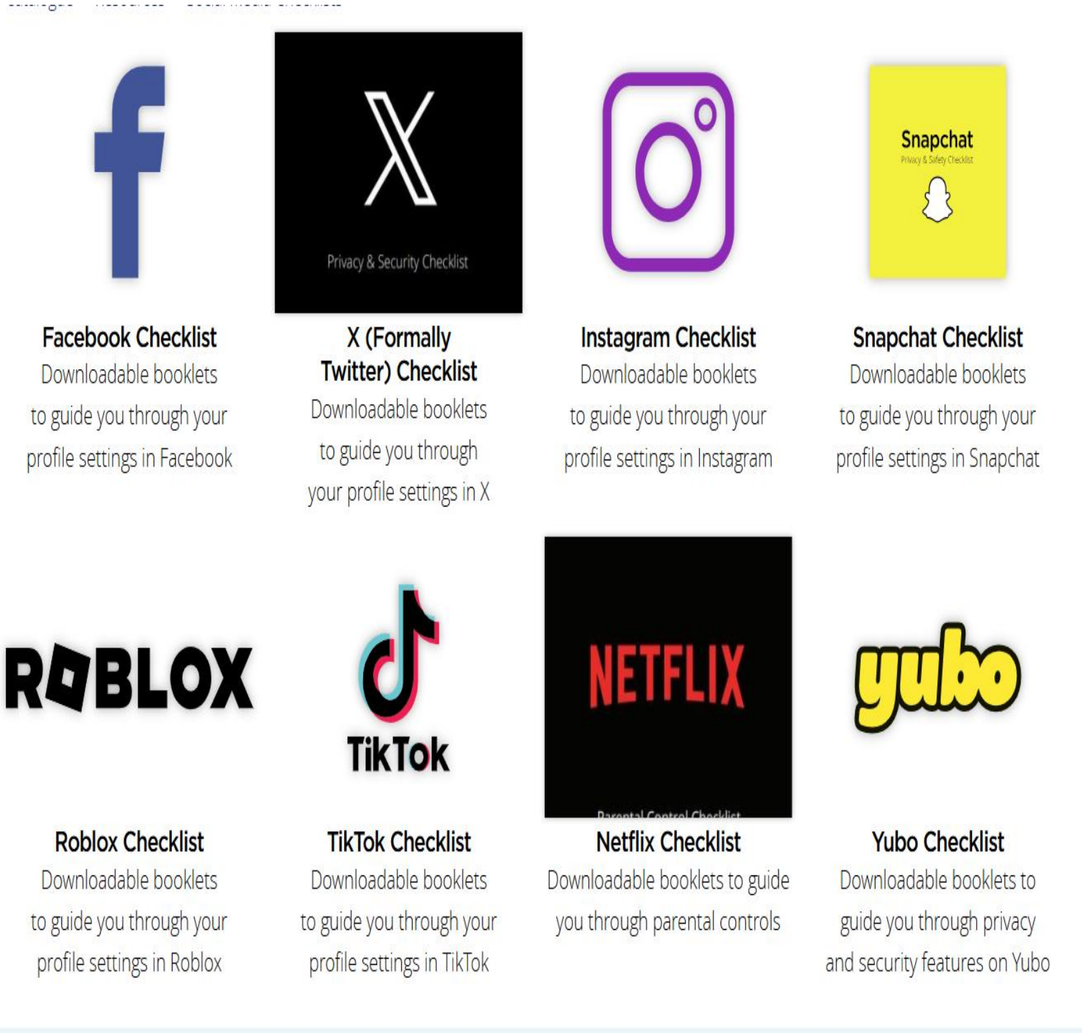
Make sure you understand how to protect your personal information and stay in control of what you share.

Do you know what to do if someone shares something inappropriate? You should report it, block the person, and talk to a trusted adult such as a parent, teacher, mentor, or a member of the Student Hub.

Do you know who to contact if you don't feel safe? If something online makes you uncomfortable or worried, speak to your parent, mentor, or the Student Hub team.

The website below contains lots of helpful information, including social media checklists that show you how to use social media safely and how to use reporting tools if needed.

[Rye College - Digital Safety]



Facebook Checklist
Downloadable booklets to guide you through your profile settings in Facebook

X (Formally Twitter) Checklist
Downloadable booklets to guide you through your profile settings in X

Instagram Checklist
Downloadable booklets to guide you through your profile settings in Instagram

Snapchat Checklist
Downloadable booklets to guide you through your profile settings in Snapchat

Roblox Checklist
Downloadable booklets to guide you through your profile settings in Roblox

TikTok Checklist
Downloadable booklets to guide you through your profile settings in TikTok

Netflix Checklist
Downloadable booklets to guide you through parental controls

Yubo Checklist
Downloadable booklets to guide you through privacy and security features on Yubo

Student Leadership Email



This email allows students, as well as staff to communicate with the team.

The email is monitored by the two Head Students, Molly and Isla, as well as Miss Mitchell.

Feel free to email us about anything e.g. if you have ideas or need support, especially if it might be difficult for you to talk to us face to face.

Remember we are seeking your feedback around clubs and the canteen.

If you want to email the student leaders, then you can use this email:

Student_leadershipteam@ryecollege.co.uk



Safeguarding Team

Our Safeguarding Team



Miss Carpenter
Designated Safeguarding Lead (DSL)
Prevent Lead
jcarpenter@ryecollege.co.uk
Location: Rye College



Mrs. Gall
Assistant DSL
vgall@ryecollege.co.uk
Location: Student Hub



Mr. Downes
Assistant DSL
ddownes@ryecollege.co.uk
Location: Rye College



Mr. Franks
Assistant DSL
pfranks@ryecollege.co.uk
Location: Rye College



Miss Powell
Assistant DSL
apowell@ryecollege.co.uk
Location: Student Hub



Mrs. Breeds
Assistant DSL
zbreeds@ryecollege.co.uk
Location: Student Hub

Report any concerns to the Student Hub or via email:
YOURCONCERN@RYECOLLEGE.CO.UK

Why it Matters:
Helps create a safe, inclusive environment for all.